[635 cont.]

764 evening the neighbors and friends gather and pray for the dead, squatting in a circle. Some days before the cremation, the master of ceremonies invites a lama to conduct the death ceremonies and burn the corpse. First, however, the mother's brother must release the corpse; this is done the evening before at the meal, when he demands an accounting for the dead person and his interment.

[792] [604]

The cremation is undertaken outside the village in a crematory, which on each occasion is built at a different place. The lama performs almost the same ceremonies on this occasion as at the fire-pouring. After the cremation the remaining bones are kept in a wooden chest and temporarily buried on the spot. Not until the next spring do the relatives transfer them to the family cemetery. -- Small children are not buried. Adult girls are burned quietly without ceremonies in an isolated place.

[792] [765] 766

765 The strict period of mourning lasts 49 days. As a sign of mourning, the men turn their clothing inside out, and the women remove their ornaments and certain parts of their headdress.

[636] Details

763 764 Preparation of the corpse: Shortly before death, the men shave first the head and then the beard of the dying person. If death sets in too suddenly, however, so that they can no longer shave him alive, it is left undone. After the shaving, he is undressed and his hands, face, and feet are washed, not the entire body. The men do this for men, the women for women. The women keep their long hair, as do girls. The hair is parted in the center and two three-stranded braids are plaited, which hang down over the breast or the back. In the case of sudden death, the corpse is merely washed and the hair dressed; the washing is then done with only a damp cloth (1).

[823]

1. [Foreign text p. 650.] Why no water may flow over the corpse could not be discovered; probably it is feared that the water would thereby be made impure; it is counted among the basic elements.

[643 cont.]

764 their shoulders and carry it out to the yard gate. Before the gate the water-lamp and the paper basin are emptied. Here, too, the straw that served the bereaved as an underlayer during the deathwatch is burned. The procession goes to the crematory at a rapid pace. Old and young, men and women, follow in colorful confusion.

Young boys go with them. They carry straw, firewood, cypress twigs, a wooden bed or a door for the lama, a white felt mat, and a large iron kettle for melting the butter. At the oven, the men place the box on the ground. The relatives once more burn paper and throw themselves down to kowtow. Then 764 the master of ceremonies steps forward and addresses a few words 537 of farewell to the deceased. He says approximately the following: We have done what we could for you; we invited the lamas, we have prayed, we have given alms. We have made a beautiful box for you; you can be content. Therefore think no more of us and do not return to disturb the peace of our house. Be without care; we shall not forget you and shall continue to pray for you and to make offerings to you.

764 After this speech he distributes money among those present. This is alms and is called "box-money." Now the [431] women once more begin the lamentation. They have a certain [533] melody and express their grief in impromptu words. Then all go home. Only the master of ceremonies, two fire guards, the sons-in-law, the nephews, and the lama remain. The fire is serviced only by the master of ceremonies and the two fire guards. The sons-in-law and nephews assist with other operations.

Putting the corpse inside: The men who remained behind bring the litter to the west side of the oven where the broad slit was left. They put the litter with the back to this opening and draw the wooden wall out, so that the corpse is exposed in the back. Meanwhile the [644] fire guards have piled cypress twigs and wood on the oven floor. The corpse is now put on the firewood in the oven, the back to the east, the face to the west. [775] Then the slit is walled off. The face must be turned to the [823] west because the realm of the blessed is located there, to which he must now migrate.

[646 cont.]

764 the little bones go into it, however, for it is only an ell long and two handbreadths high. The lid is pegged down, like a Chinese coffin. The remaining bones are carried by hand, aprons, or in a back-basket to the nearest mountain height. Animals as a rule do not eat them because they are burned. Only sheep like to nibble on them. The bones decompose very rapidly, however.

The bone-chest is placed in the oven, weighted down with clay bricks, and then the oven is torn down so that it forms a little mound with the chest buried under it. This is always done if the cremation has taken place after the harvest during the period before the grave festival in the third month.

[765] [769] At the grave festival, the Chinese ch'ing-ming, the bone-chest is buried in the communal family cemetery. The place of the cremation is leveled.

If the cremation is after the grave festival, then the oven is, to be sure, torn down and the place again cultivated, but the bone-chest is not buried at the place of the oven, but on a remote ridge of arable land in a field belonging to

[765] the deceased's own family. Only at the next grave festival in the following year is it transferred to the family cemetery.

If the cremation has taken place on a distant mountain far from the family, then a tent is pitched there to wait until the third day, the bones are stored, and the chest is brought down in order to bury it on the ridge of a field on one's

[776] [778] [823] own land. Such a cremation may never be undertaken on the peak of a mountain, but about halfway up. The peak is sacred to the mountain-spirit and may not be desecrated.

If the bone-chest has been buried in the oven or field, then the relatives burn white paper before it, throw pieces of bread on the bone-grave, and pour out tea before it for the dead. Then they kowtow and go home. The guests are treated with tsamba and butter in the house of mourning. The

[465] master of ceremonies receives 12 loaves of bread and two ells of white cloth; the two fire guards are given six loaves each and two ells of cloth.

[826 cont.]

241 789 778 791 [212] The seed-master places these wedges on the table before the Bon. The latter inscribes all three sides with Tibetan magic formulas. For this purpose he uses Chinese ink and the brush or the Tibetan bamboo pencil. The wedge that is intended for the head of the goat [827] has a black hada slung around it at the head and a black string or a small chain in the middle.

Then some of the wool is cut from the pole-goat lying in front of the Bon, a few threads are twisted together, and with these the Bon priest ties on the wedges, one on each foot and one between the horns. All five wedges have the tip downward. [788] He then sprinkles water from his holy-water can over goat and pole, takes a pinch of Tibetan barley, blows on it three times, and scatters it over the whole.

241 789 791 782 [821] [823] The erection of the pole-goat and the offering: The men set the pole in the hole and wedge it tight with stones and earth. The goat must face the northwest because storms usually come from there. As soon as the pole is firmly set, the Bon brings the weather-torma, together with the extra features, to the foot of the pole, sets it down, and immediately returns to his place in order to continue the weather-prayer. Now he accompanies the prayer only with his drum and the bell. Again the men make a great incense offering amidst blowing on the conch.

241 789 778 The mountain-torma: Then the mountain-torma is prepared. It has three steps, is round, and looks like a pyramid with terraces about ten centimeters high. Altogether it is about 40 centimeters high. The torma is painted with soft butter colored red and is given the following extra features: on the first layer, water animals, frog, snake, fish, dragon, turtle, and, further, little stones, little lumps of earth, and finally a few squirts of water; on the second layer, mountain animals, deer, horse, yak, half-yak, sheep, goat, hare, fox, wolf, and a few little pieces of wood; on the third layer animals of the air, phoenix, eagle, peacock, magpie, dove, swallow, and, further, sun disk and moon sickle. On the uppermost tip are

[224 cont.]
782 striking [225] that the agriculture myth does not mention the in-
174 cense offering. The conditions of the environment -- mountain pasture, forest, wild flowers, etc. -- do not fit in with agriculture (7). -- Here it may be asked whether the incense offering is

[824] [773]

7. The ancient nature of the incense offering is to be explained in the final analysis by the ancient nature of the juniper tree, which as world- and life-tree stands at the beginning of time; cf. J.F.Rock, Muan Bpö, pp. 18, 20, 21, 132, 143. Since it is the first tree of the world, even the first emperor (Geser legend) could burn only these twigs in honor of heaven. The incense offering therefore belongs in the world of the religious archetypes which became standard for the later human beings, just as the archetypes of the first human being, of the world-mountain and the tree of life, of heaven and earth, of the first obo, etc. extend back into that legendary period.

older than the primitial offering. In common with the latter it is mentioned in the legends before all other offerings. The first emperor already knows both offerings; the wedding song and the hunting song mention the incense offering, the agriculture myth only the primitial offering. The relationship of the two offerings to each other cannot be determined. 3. The incense
782 offering is always given either to heaven alone or to it in the first place. It is a true heaven-offering. It is only rarely directed to the other spirits, which, according to their collec-
[776] tive name, are called purgan and therefore are only of later Buddhist origin. Mountain heights seem to have been preferred
[823] in order to be closer to heaven. Even today this is still done. The Tujen are aware of this and give as the reason that it is

[225 cont.]

782 more suitable for heaven (8). The relationship to the supreme

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8. Above all the rising smoke connects this offering to heaven; the expression ġarġa, to make rise, is especially to be noted here. The smoke is like a living column of heaven or a living road to heaven. The shamanistic significance of the incense offering comes from this; not only promotes the trance, but is at the same time the path and motive power of the journey to heaven. The first emperor of the Geser legend demands, for instance, that during his journey to heaven the incense offering not be interrupted; the rising smoke strikes against the gate of heaven and opens the entrance for him, and he shoots his incompetent companion on the tip of his arrow into the rising column of smoke, in which he descends to earth.

[756]

[773]

being is also expressed, for example, in the wedding songs from Khalatse (western Tibet). There, according to Francke, op. cit., pp. 25 f., it is said: "This blue smoke that rises upward signifies that no trouble will arise with brGya-byin, the lord of the gods."

The Sheep Offering

[825] The sheep as a sacrificial animal, according to the material available, is reserved in a special way for heaven and the mountain-spirit, even though it may also be offered to the other gods. It is never offered to the mountain-spirit alone without heaven, however. There are sheep offerings [241] that apply only to heaven, namely at the sowing and harvest

[229 cont.]

174 (udagan, idugan). (Cf. Koval., p. 386; Uno Harva, Die religiösen
776 Vorstellungen der altaischen Völker [The Religious Conceptions of the Altaic Peoples], p. 450.) As the ceremonies of the earth-god urn indicate, this deity has something to do with butter and silk (silk wrapping, butter-pouring), as well as with grain (barley filling). Something similar applies to the etügen, which, as a female deity, is endowed with the attribute "fat-faced" and "silk-faced." (Cf. N. N. Poppe, "Schaman. Handschriften [Shamanistic Manuscripts]," Vol. I, 196-197, Manuscript XI; statement according to W. A. Unkrig.) Further indications of the connection of the earth-deity with the origin of agriculture and corresponding Tujen myths must be omitted here.

[230] Now regardless of where the earth-deity of the
776 Tujen came from, it, heaven, and the mountain-spirit form an ancient trinity which has divided up the world. According to the
[821] general conception of the Tujen, heaven rules over the air space, the clouds, wind, lightning, sun, moon, and stars. The mountain-spirit rules over the surface of the earth; animals, human
• [823] beings, birds, forests, pastures, and mountains. The earth-deity rules over the interior of the earth: metals, rocks, treasures, the snakes and the worms, as well as the seed that slumbers in the earth. This division, however, does not exclude heaven from the other two realms. After all that has been said, he continues to be the lord of the gods and men. If he appears here as coadministrator of the layers of the world, he only seemingly surrenders his partial domains. One might better think of a splitting off of certain activities of heaven and their being made independent, as P. W. Schmidt assumes for similar cases among other Asiatic peoples.

The Knowledge of Heaven

776 After the preceding discussions, the further characteris-
782 tics of heaven automatically present themselves. Among these characteristics knowledge appear most clearly. Concerning this knowledge the informant gave the following information (Schröder, "Herbst-Dankopfer," op. cit., p. 873): "At the

4: Schram M-5 (1911-1922) 1957 AE9 Monguor AE9

of Yang-k'ou-erh, who belonged to the Yellow-Sect, was a Red lama. Such anomalies happen because family ties closely knit the members of both sects. The father of the intendant of the lamasery of Ch'ie bzan, which belongs to the Yellow Sect, was a Red lama, and the father of the novice of the intendant, also. I met four lamas of the Yellow Sect, pupils of a learned lama of the Red Sect, who boarded at his home.

At the monastery of Hsien-mi, the father of a young lama of the lamasery, which belongs to the Yellow Sect, was a Red lama. One night, in my presence, he unbosomed his grudge against the supreme chief of the lamasery who had refused permission for his Red Sect to build a temple on the property of the lamasery. "Our sect," he said, "is as the ear of the wheat plant, and the Yellow Sect is as its straw. We occupied the country and diffused our Sect long before the Yellow Sect was born. Our scriptures are so numerous that a man cannot finish reading them during a lifetime. The Emperor Ch'eng-tsu, of the Yung-lo period (1403–24), granted us extensive properties—and then came the Emperor K'ang-hsi, who protected the Yellow Sect and oppressed our Sect." These facts reveal the frame of mind of both sects, and their mutual behavior in Huang-chung.

Although the lamas of the Red Sect constitute a small minority, scattered over the country, and possess only two Living Buddhas, they exert an important influence and play a considerable part in the religious life of the Monguors.

THE RITE OF THE 108 SPRINGS

In order to give an insight into the real psychology of the lamas of the Red Sect, and their attitude toward magic, the Rite of the 108 Springs will be described. It is performed in order to acquire magical power.

The lamas living north of the Hsining River practice the Rite of the 108 Springs at least once in their life. Those among them who have enacted it two or three times are considered by the Monguors as the most potent. It is said that very few lamas of the Yellow Sect are interested in the rite, although serious lamas of the Yellow Sect told me many times that the T'u-kuan Hutukhtu had enacted the rite together with a Red lama, after the Bumkhang he built seemed ineffective, and the troubles in his lamasery had upset him. I could hardly believe it, because the rite is not enacted to honor or to get the protection of spirits of the springs, but is thoroughly magical, and its aim, according to the lamas of both sects, is the increase of magical abilities. At any rate, because the lamas of the Red Sect all practiced it, and are said to be bound to enact the rite, it sheds a true light upon the fundamental character of the lamas of the Red group, who seem to be as fond of magic as the shamans.

Springs of water are situated mostly at the foot of mountains, in deep valleys, and in lonely spots which

[p. 175(A)]

are supposed to be the favorite abodes of evil spirits. 792
The Red lamas go to these springs in order to meet 795
these demons, to frighten them, to combat them, or to 789
obtain their assistance. So goes the saying of the [273]
Monguors and the lamas of both sects.

The rite is a back-breaking work. It lasts for 129 days, more than four months. It is practiced by a single lama, never in a group. Usually a fervent Monguor accompanies the lama for some days, to carry his luggage and prepare his tea. I got the information from two such men and from people living in Waza, near a spring where the lama performed his rite.

Sometimes the lama has to wander a long way to reach a spring, and sometimes three or four springs are situated one next to the other. The rite is carried out in winter and starts with a retreat of seven days at home, during which the lama, three times during the day and three times during the night, prays and reads texts, rattling the drum made of two human skulls, blowing the trumpet made from a human femur, and ringing the bell. He is not allowed to get a long sleep or to stretch himself out on the ground. He has to sleep in a sitting position, is not allowed to undress during the 129 days, or to enter any home or cave.

I saw a Red lama who lived near the monastery of Hua-yen start his journey. All the neighbors, men, women, and children, accompanied him to the first spring. He carried on his back, in a light wooden frame of thin laths, the felt mat on which he would sleep at night, a book of texts, a picture of Padma sambhava, the chief saint of the sect, some flour, butter, tea, a cauldron, and a small tent made of white cotton cloth. If, on the way, he should happen to lose one of these items, he is not allowed to replace it. He wore a long red coat, lined with sheepskin; on his head a red hat and over his eyes a green shade, with fringes. In his right hand he held the double-skull drum, and in the left hand the trumpet. He is not allowed to speak during his wandering from one spring to another, but mutters prayers all the way along, beating the drum at the same time.

Upon reaching the first spring he puts the frame down, blows three times on the trumpet in the direction of heaven, then starts the ritual dance three times around the spring to the time of the rattling drum, describing ritual designs on the ground. He beats the ground with his heel to the time of the drum beats, then stands on one leg, completely immobile, for a long time. Thereafter he pitches the tent, displays the picture, and sits crosslegged in front of the tent reciting texts for a long time. In the meantime, the villagers had prepared tea, and he starts talking with them. People are not allowed to indicate the spot of the next spring or to ask in what direction he will move the next day. He eats the meal offered by them. He is not allowed to drink alcoholic beverages, eat garlic, [269]
leeks, or radishes. He eats only mutton. The remains of the meal offered to him are not allowed to be

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carried home. Before sunset his meal has to be finished and the people gone. At this first spring he stays for seven days. 792 795 789

Twice a day he prepares tea and eats *tsamba* along the wayside. When people see a practicer of the rite passing near the village, they all follow him, prepare his tea and his evening meal. He enjoys the real veneration of all the Monguors and the Tibetans. He remains for seven days at the first spring, praying, dancing, three times during the day and three times during the night. It is said that during the night, the time of the demons, he summons all the demons of the country, wages his ritual war with them, subduing them, or making friends of them. At night he has a terrible time, exercising his magical abilities and increasing his magical capacities. The demons do not let him sleep a wink. All kinds of terrifying tales are spread in the country about his nightly experiences.[2]

At dawn he gathers stones and builds a small cairn; then he starts for the next springs, remaining only one day at each of them and performing the same rites. At the 54th spring he stays for seven days, as at the first one, then continues his pilgrimage until the 108th, where he again enacts seven-day rites. Then all the Red lamas of the country, the people of his village, the chiefs and elders of the neighboring villages come to meet him and lead him home in order to perform the final rite, which simulates the incineration of corpses and includes a recitation of texts together with all the lamas. Sitting on a throne in front of the ritual oven in which wood is burning, he pours boiling butter on the wood, acting like an officiant at a real incineration. After this rite he is heartily congratulated and receives some gifts: sheep, butter, tea, sugar, raisins. I never obtained an explanation of this last rite, or of its connection with the pilgrimage of the 108 springs.

Springs of water play an important part in the religious life of lamas and of the Monguors. It is not unusual to see lamas of the Yellow Sect, even Living Buddhas, sitting for hours in silence at the edge of a spring, slowly beating its surface with a flat broad lath. It is said that this practice produces happiness and peace of mind. 792 795 789 923

On the fifth of the fifth month the Monguors honor the spirit of the well from which they draw water. They make a *Wei-sang*[3] near the well, plant a stick to the top of which is affixed a bouquet, and prostrate themselves. The whole family wash their hands and faces with the water in the first bucket drawn, and rinse their mouths. Tea is prepared and all of them drink several cups, for it is said that this tea prevents all kind of diseases. At the same time they bury an urn near the well, thanking the spirit of the earth where 792 795 789

[2] David-Neel, *op. cit.*, 126; also Mircea Eliade, *Le chamanisme et les techniques archaïques de l'extase*, 384, Paris, Payot, 1951.

[3] See Chap. VIII, *note* 2, p. 95 [D.96(A)]

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cupied by the monastery. In big lamaseries the cult of this god resorts to the attributions of members of the college of rites.[18]

Every Monguor, together with his entire family in their best clothes, who attends the ceremony of the starting of the plowing of the fields, will honor in the fields the god of his fields, by burying an urn (called the precious bottle), making libations, burning incense, and offering bread. No Monguor will build a court yard, sheep or cow pen without burying an urn in the ground, thereby recognizing the lordship and dominion of the spirit of the spot, and obtaining his permission to occupy it. In the center of the courtyard, under the manikan and the manger, the Monguors used to bury five urns and invite a lama to recite texts for one, two or five days, sprinkling holy water and throwing spelt on them. This old rite has become a thoroughly Lamaist rite, to which each lama attaches his own mystical explanations.

However, frequently the Monguor invites a Chinese geomancer; he plants the manikan himself, buries the urn, and offers a sheep or a chicken. This principle is so deeply ingrained in the consciousness of the Monguors that they will never proceed with the rite of the cremation of a corpse without having previously recognized the ownership of the god of the spot, and obtaining its permission by buying from it the spot required. Thus, the mountain and village gods seem to belong to the category of the earth gods for whom, in old China, victims and offerings were buried in the ground.[19] For that reason urns are buried for mountain and village gods as well as for earth gods.

The precious bottle (urn), the most important offering in the cult of the gods of the mountains, the village, and the earth, is usually prepared by a lama of the Yellow or the Red Sect, performing more or less elaborate rites, sometimes for days. He uses some powder of gold, some silver, coral, turquoise, and copper coins of the K'ai-yüan (713–741) and T'ai-p'ing (1850) periods, things which are said to comprise the five precious materials. He gathers some grains of five kinds of cereals, threads of five colors, different kinds of medicines, incense sticks, and some tea leaves. All these substances are pounded for a long time with a pestle in a mortar and poured into a small urn, while the lama blows on them and recites texts. Finally molten butter is poured into the urn, level with the opening. Two pictures are pasted on the urn: one of a Lamaist deity and one of the dragon spirit. The urn is covered with a piece of red cloth. The use of the urn is known all over China; such urns can be bought in all pharmacies, in lamaseries, from Taoist priests, and from shamans. The contents of the urn are not always the same, for several kinds are said to be used. Lamas make a business out of the urns, for usually the slightest unhappinesses, illnesses, and calamities, are

[18] David-Neel, *Mystiques et magiciens du Tibet*, *op. cit.*, 100.
[19] Maspero, *op. cit.*, 205.

[p. 113 (B)]

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wang, the god who protects against hail, Wu tao. Although they are accustomed to saying that all the spirits are Tengri and Purgan, they seem to prefer to use the term Tengri. *Purgan* seems to be a relatively recent term, introduced after Lamaism had been spread among them, for they seem to prefer "Purgan" when speaking about gods of Lamaism. However, they always say that *"uluon purgan"* means all the spirits, and not only the Lamaist deities.

Because in the formula *"Tiengere,"* often *"Sge Tiengere,"* "Heaven," "Great Heaven" are always used first, it is obvious that the "spirit of Heaven" seems to be prominent among the spirits in the mind of the Monguors. This prominence of Heaven is shown by the Monguors in a very conspicuous way at the time when a sheep is offered to the guardian spirit of the family, by the fact that, first of all, a piece of the skin of the forehead is cut and thrown toward Heaven in the courtyard, with the cry, "Heaven." Then a second piece is cut and thrown in the courtyard with the cry, "All the spirits," and finally the sheep is offered to the guardian deity. It is shown also at the time of the offering of a sheep to the Obo spirit on top of the mountain, when three ladles of broth are thrown in the air—first, for "Heaven," and then, consecutively, three ladles to each of the four points of the compass for all the spirits, *"Uluon purgan."*

However, is it permitted, on account of this striking prominence, to jump to the conclusion that the "spirit of Heaven," or "Great Heaven" is a monotheos, and that the Monguors of 1910–1920 were monotheists? Monotheists are considered as worshipping but one God. People who worship and offer sacrifices to Heaven and all the spirits are consequently considered polytheists, no matter how prominent the "spirit of Heaven" may be.

Does this formula justify the conclusion that the "spirit of Heaven" is the chief of all the spirits, whom they all have to obey; that the "spirit of Heaven" alone administers the departments both blessings and punishments, and that the "spirit of Heaven" is omnipotent?[4]

When I asked the Monguors about the abode of the spirits, they always pondered for a few moments, as if they did not understand the meaning of my question, and then they answered: "Of course the spirits are everywhere." Indeed it seemed obvious, in view of my European frame of mind, to interpret the expression, "Heaven and all the spirits" as meaning that all the spirits enjoyed happiness together in Heaven with their supreme chief, the great spirit of Heaven. However, the Monguors assured me that the spirits are independent of one another, and independent of the spirit called Heaven; that each of them administers its own department, and that they all know the intimate feelings and behavior of the people toward them and bless or punish accordingly. Therefore, the Monguors are afraid to offend any of them and propitiate the spirit they are

[4] Schröder, *op. cit.*, 217.